



First Presbyterian Church

950 N. Boones Ferry Road

PO Box 333

Woodburn, OR 97071



November 2015 Newsletter

First Presbyterian

Church of Woodburn

Sunday Morning Worship

10:30 a.m.

Fellowship time at 11:30 a.m.

Pastor: Rev. Peter Blank

Organist/Music Director:

Debra A. Huddleston

Office phone (503) 981-9121

Email: contact@firstpreswoodburn.org

Website: www.firstpreswoodburn.org

Volunteer, it's good for you!

Volunteer through the Marion County Retired & Senior Volunteer Program (RSVP)! Visit us online at <http://www.ci.woodburn.or.us/?q=rsvp>; or contact the Volunteer & Special Projects Manager at 503-982-5388; or email at beth.faulhaber@ci.woodburn.or.us

"Who's on Third?" Concert

November 15, 2015 – 3:00 p.m.

Ruth Ann Yerden – concert organist

Willamette Master Chorus

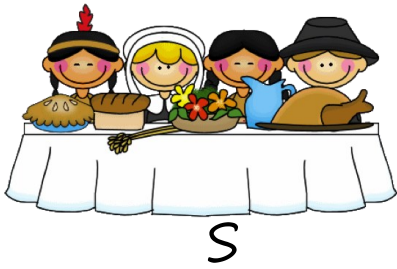
Veteran's Concert

Hudson Hall, Willamette University

Saturday Nov. 7th at 7:30 p.m and Sunday

Nov. 8th at 3:00 p.m.

Tickets are from \$15-\$25



November 2015

S M T W Th F S

1	2	3	4	5	6	7
<p><i>All Saints Day</i></p> <p>Lay reader: Diana Blank</p> <p>Greeters: Sarah and Hannah Schoen</p> <p>SOUP LUNCH</p>			<p>Men's Lunch 12:30 –1:30 Country Cottage</p>			
<p>Lay reader: Johanna Samson</p> <p>Greeters: Bonnie and Nancy Hankins</p> <p><i>Stewardship Commitment Sunday</i></p>			<p>Men's Lunch 12:30 –1:30 Country Cottage</p>			
<p>Lay reader: Linda Cummings</p> <p>Greeters: Fran Welch and Phila Simmons</p> <p><i>Thanksgiving Congregational Dinner</i></p> <p>FOOD BANK SUNDAY</p>		<p>Session 6:00 p.m</p>	<p>Men's Lunch 12:30 –1:30 Country Cottage</p>			
<p>Lay reader: Julie Moore</p> <p>Greeters: Sally and Lucien Klein</p> <p>6:00 pm Concert of Prayer @ Faith Christian Fellowship</p>			<p>Men's Lunch 12:30 –1:30 Country Cottage</p>			
<p><i>First Sunday of Advent</i></p> <p>Lay reader: Lucien Klein</p> <p>Greeters: Chris Smith and Evelyn Balogh</p>						

Dear Friends,

Two weeks after my 58th birthday, I suffered a mild stroke. After I stopped denying that this 'couldn't happen to me' (it could and it did), I struggled to accept this as my new normal. What skills I want back I must work to get back. Here are some tips that have helped me along (these are from George PH):



1. Stop Chasing and Start Living - Many people feel they need something – more money, new clothes, better relationships – to make them happy. . . If you look hard enough, you'll always find reasons to be miserable. So stop chasing; start living. Wanting more is fine, but don't forget to relax and enjoy life for what it is – in the present.
2. Assume Responsibility - We often blame other people, circumstances and even objects for our problems. . . Unless you assume responsibility for your life, you'll always be at the mercy of those circumstances. Instead of blaming others for what's wrong in your life, focus on what you can do to make things better. Never sulk and try not to feel sorry for yourself too often. It's your responsibility to make yourself happy: nobody else's.
3. Stop Seeking Stimulation - We live in a world of endless stimulation. Between movies, video games and the internet, something exciting's always going on. Sometimes, this makes us feel bored and restless when we run out of stuff to do. If you want to be happy, overcome this addiction. Develop the ability to enjoy life in its entirety – even when the stimulation stops. Appreciate the sky you see on your way to work each day. Cherish each moment you spend with the people you love. Savor every bite of food you get to eat. Enjoying every experience will give you many new reasons to be happy.
4. Take Action - Taking action is the logical consequence of assuming responsibility for your life (Point #2). . . Get behind the steering wheel of your own life! . . . Educate yourself and commit to find happiness no matter what it takes. With enough hard work and dedication, you really can create the life you want.
5. Expect Nothing - We expect others to treat us better than we treat them. . . The difference between what we feel entitled to and what we actually get is the source of much misery. Accept life in its entirety; stop thinking in terms of what should be and accept what is. When you live without entitlement, every good thing becomes a wonderful surprise. Even better, expecting nothing means never being disappointed.

So here's to living in the present, making things better, and enjoying each moment. Join me this November.

Warmly,

Pastor Peter

Pastor Peter J. Blank

Sermons On-line

Pastor Peter's weekly sermons are now recorded and available to listen to on the internet.

They are available by clicking on each week's link at this page:

<http://www.firstpreswoodburn.org/first-pres-woodburn/sermons/>



Thank you everyone for the wonderful sendoff on October 25th. I will miss you all.

Laura Harryman

Deaths

Joan Flomer – Sept. 12, 2015

"Blessed are they who die in the Lord, they will rest from their labors and their works do follow them" Rev. 14:13

October 20th Session Mtg. Highlights

- The Presbyterian Women's checking account was closed and moved to the landscaping account. The Presbyterian Women Certificate of Deposit for \$4,491 matures January 2016. We will table a decision on use until December and the Congregational Life committee will see what the kitchen needs.
- Pastor Peter completed services on 10/13 as Temporary Moderator of the Aurora Presbyterian Church Session as they chose their Interim Pastor Bill Taylor.
- A loaner copier will be here to test for about 10 days. If we like machine it would be \$98/month. Cost per black & white copies 0.0107 cents each, color copies would be 0.065 cents each.
- We have a new vertical file cabinet in the office as we attempt to remove clutter and improve function. Also there's been work in library with Phila Simmons to update books. The Usher Room will need some cleaning up – really cluttered.
- Laura Harryman's last day is October 29th. We plan to thank her on Sunday, October 25th. Laura has helped us immensely during her time here. Pastor is refining the job description before hiring a new person.
- The Love, INC auction annual fundraiser was Oct. 17th. Our church had a table of 8. The mission fund will pay for the table for \$225. The event made over its \$10,000 goal but not sure how much.
- The linoleum was installed and repairs continued in Head Start office and classroom and girls and boys restrooms. We are now repairing the corner classroom ceiling before installing new carpet in the Head Start Office. It is cleaned out of junk, sheet-rock materials has been purchased. Bid from Roth's for extending the heating and cooling has been received. Entry doors have been fixed. Thanks to Walt and Peter for working on all this.
- The new office is the next project, We held a "picnic on September 20th - Mark BBQ'd hamburgers and hotdogs and others brought salads or desserts. A Thanksgiving dinner is being planned for November 15th. Soup will be served on the first Sunday of November.
- Session discussed the Christmas tree in Sanctuary. Nancy will get the tree again this year.

- Membership Caring cards, calls, visits, and communion have been provided. Sermons could be provided to shut ins via CD.
- Christmas Eve service is planned for 4:00 p.m.
- A sermon on Stewardship will be on November 8th. A letter for stewardship goes out with pledge card. Joanne Hansen will help pull information from last year.
- Next Meeting Date: November 17, 2015 at 6:00 p.m.

Happy Birthday

2 - Fran Welch

2 - Nancy Hankins

12 - Julie Moore

23 - Marcy Sterling

Let Johanna know if you do not see your birthday listed.

A Little Biography About Session Member Marcy Sterling **Where did you grow up?**

I was born in Salem, grew up in Woodburn.

What do you call your best skill?

My best skill is 'hospital corners'. My mother taught me that was the only way to make a bed. She was a CAN and my granny was a nurse.

How did you settle in Woodburn?

My father graduated from OSU with a degree in Pharmacy. He got a job in town at the Woodburn Pharmacy.

What is your greatest dream for yourself?

My dream is to have two loving children and husband (Mark).

What is your dream for this congregation?

It is that others would hear God's call. I have always felt called to this church. We have a lot here. And a lot to offer others.

What is on your 'bucket list'? (A 'bucket list' are those things that you want to do before kicking the 'bucket'.)

I want time: time to see my grand daughter go to 1st grade; time to travel with my husband; time to see my great grand children and my children as grand parents; time to live God's plan for me.